

“The Seven Ministries of a Healthy Life”

Part I

Various Scriptures

Dietrich Bonhoeffer was a German Lutheran pastor, theologian and participant in the German resistance movement against Nazism and founding member of the Confessing Church.

1. The Ministry of Holding One’s Tongue

1 Peter 3:10-11

The damage of an ill-spoken word is one of the things in life that is not easily taken back. Once our words leave our mouths, the effects are hard to _____.

Matthew 12:36:

"And I say to you, that every careless word that men shall speak, they shall render _____ for it in the day of judgment."

2. The Ministry of Listening

- The first service we _____ to others in the fellowship is listening to them.
- This is directly connected to the first ministry of holding our tongues.

- The Bible gives us the reason we have two ears and one mouth.

James 1:19:

My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry.

- Listening is more than just hearing audible tones, listening is comprehending the _____ of the conversation.
- It is discovering the feelings, frustrations, and basis for the words that are being used.

3. The Ministry of Meekness

Romans 12:3

When there is meekness among God’s people there is _____, a lack of self-centeredness, and a true understanding that we are “not all that.”

This gentleness creates an environment that is _____ and completely _____ from the world’s aggressive, brash, boastful mentality.

- I pray that we will find the ministries of :
 - Holding our tongues,
 - Listening,
 - And Meekness in our lives and in our church.